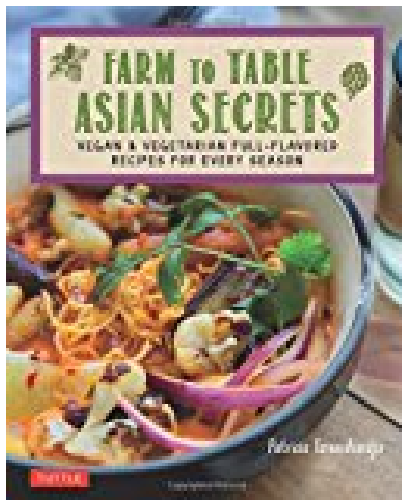


# Farm to Table Asian Secrets Vegan & Vegetarian Full-Flavored Recipes for Every Season

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## BOOK DETAILS

- Author : Patricia Tanumihardja
- Pages : 144 Pages
- Publisher : Tuttle Publishing
- Language : English
- ISBN : 0804847231

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## BOOK SYNOPSIS

Asian grandmothers — whether of Chinese, Japanese, Indonesian, Vietnamese, or Indian descent — are the keepers of the cultural, and culinary, flame. Their mastery of delicious home-cooked dishes and comfort food makes them the ideal source for this cookbook. Author Pat Tanumihardja has assembled 130 tantalizing dishes from real Chinese fried rice to the classic Filipino Chicken Adobo to the ultimate Japanese comfort dish Oyako donburi. This is hearty food, brightly flavored, equally good to look at and eat. Flavors range from soy and ginger to hot chiles, fragrant curries, and tart vinegars. The author has translated all of the recipes to work in modern home kitchens. Many of them have been handed down from mother to daughter for generations without written recipes, and some appear in tested and written form for the first time. An exhaustive Asian Pantry glossary explains the ingredients, from the many kinds of rice and curries to unfamiliar but flavorful vegetables.

### **FARM TO TABLE ASIAN SECRETS VEGAN & VEGETARIAN FULL-FLAVORED RECIPES FOR EVERY SEASON**

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